

April 8, 2009

This is my fourth session with Jim Burdick. It is the first time I came alone because I broke up with my boyfriend but still need to work on personal issues. This morning I came in feeling a severe state of devastation. Jim and I talked awhile and then he introduced me to EFT. I was ready to try anything that could put me in a better place emotionally. In a matter of a few moments of EFT I forgave my boyfriend and worked on getting my emotions under control. Now at the end of the session I am truly amazed at how good I feel. Feeling this good is so foreign to me that I can't believe it. I would recommend others to see Jim and encourage them to be willing to explore EFT just as I did.

RLP